
































































# eMotions

 aggressive	 alienated	 angry	 annoyed	 anxious	 apathetic	 bashful
 bored	 cautious	 confident	 confused	 curious	 depressed	 determined
 disappointed	 discouraged	 disgusted	 embarrassed	 enthusiastic	 envious	 ecstatic
 excited	 exhausted	 fearful	 frightened	 frustrated	 guilty	 happy
 helpless	 hopeful	 hostile	 humiliated	 hurt	 hysterical	 innocent
 interested	 jealous	 lonely	 loved	 lovestruck	 mischievous	 miserable
 negative	 optimistic	 pained	 paranoid	 peaceful	 proud	 puzzled
 regretful	 relieved	 sad	 satisfied	 shocked	 shy	 sorry
 stubborn	 sure	 surprised	 suspicious	 thoughtful	 undecided	 withdrawn

# Smiley-Face Feelings Guide



Aggressive



Agonized



Anxious



Apolgetic



Arrogant



Bashful



Blissful



Bored



Cautious



Cold



Concentrating



Confident



Curious



Demure



Determined



Dissappointed



Dissapproving



Disbelieving



Disgusted



Distasteful



Eavesdropping



Ecstatic



Enraged



Envious



Exasperated



Exhausted



Frightened



Frustrated



Grieving



Guilty



Happy



Horrorified



Hot



Hungover



Hurt



Hysterical



Indifferent



Idiotic



Innocent



Interested



Jealous



Joyful



Loaded



Lonely



Lovestruck



Meditative



Mischievous



Miserable



Negative



Obstinate



Optimistic



Pained



Paranoid



Perplexed



Prudish



Puzzled



Regretful



Relieved



Sad



Satisfied



Shocked



Sheepish



Smug



Surley



Suprised



Suspicious



Sympathetic



Thoughtful



Undecided



Withdrawn

# ANGER - THE TIP OF THE ICEBERG

Hitting

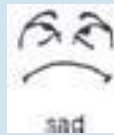
Cursing

**Anger Expression**

Yelling

Crying

Your First Emotion



Difficult, Painful or  
"Unacceptable" Emotions



What's Underneath your Anger



# ANGER - THE TIP OF THE ICEBERG

